



*First*  
**FEDERATED**  
*Church*

FOLLOWING JESUS,  
REACHING DES MOINES, TOUCHING THE WORLD

**Fall 2012**  
**Life Groups**



This booklet is a listing of all the Life Groups that are currently meeting throughout the week. They are sorted first by the night of the week that they meet, then by time (earliest first). If a group is full, you will see the word “Full” written across the listing.

You can sign-up for a group two different ways:

1. If you **know** which group you want to sign up for, you can provide your first and second choice.
2. If you **don't know** which group would be a good fit for you, you can provide information about yourself and what you are looking for in a group that will help us find a good match for you.

Either way, you can use the online Life Group Sign-up Form to sign-up for one of these groups! Go to [www.firstfederated.org](http://www.firstfederated.org) and click on “sign-ups”.

## **What If I Don't See An Open Group That Fits Me?**

If you look through this packet of our current groups and don't see any group that fits you, or you see the PERFECT group but it is full, sign-up anyway!

It is our desire to have groups FOR EVERYONE, so if there currently isn't a group for you listed in this packet, we want to create one! Check the second box on the sign-up sheet (which is also online) and tell us what you are looking for in a group, and we'll work hard to make it happen and combine you with other people that are looking for the same type of group.

# Sunday

| Group Demographics                              | Leaders/Hosts            | Time | Frequency                                   |
|---|--------------------------|------|---|
| Families with preschool-elementary age children | Danny and Sarah Lightner | 4pm  | 1 <sup>st</sup> and 3 <sup>rd</sup> Sundays |

| Location   | Childcare                                | Refreshments   |
|------------|--|----------------|
| Des Moines | Each family chips in to pay a babysitter | Potluck Dinner |

| Group Demographics                        | Leaders                | Hosts                | Time | Frequency        |
|---|------------------------|----------------------|------|------------------|
| Most have elementary and teenage children | Jason and Tracy Griess | Tom and Denese Gable | 5pm  | Every other week |

| Location | Childcare                                     | Refreshments                   |
|----------|---|--------------------------------|
| Ankeny   | Younger children supervised by older children | Snacks and occasional potlucks |

| Group Demographics | Leader/Hosts               | Time   | Frequency                                   |
|--------------------|----------------------------|--------|---|
| Mostly retired     | Jim and Catherine Erickson | 5:30pm | 1 <sup>st</sup> and 3 <sup>rd</sup> Sundays |

| Location   | Childcare      | Refreshments       |
|------------|----------------|--------------------|
| Des Moines | Not Applicable | Light Refreshments |

## Sunday (Cont.)

| Group Demographics      | Leader/Hosts             | Time   | Frequency        |
|-------------------------|--------------------------|--------|------------------|
| Most in their 40's-50's | Jeff and Julie<br>Harper | 5:30pm | Every other week |

| Location   | Childcare  | Refreshments    |
|------------|--|-----------------|
| Des Moines | Harper children/teens entertain younger children in another room | snacks/desserts |

| Group Demographics               | Leader/Hosts                    | Time   | Frequency |
|----------------------------------|---------------------------------|--------|-----------|
| Have kids in high school/college | Terry and Sherri<br>Stufflebeem | 5:30pm | Weekly    |

| Location                                    | Childcare      | Refreshments                    |
|---|----------------|---------------------------------|
| Rotate homes in Polk City/North side of DSM | Not Applicable | Determined by hosts of the week |

| Group Demographics                                      | Leader/Hosts              | Time   | Frequency        |
|---|---------------------------|--------|------------------|
| Couples in their 40's with elementary-Jr. High age kids | Darrin and<br>Tonya Niday | 5:30pm | Every other week |

| Location     | Childcare    | Refreshments    |
|--------------|--------------|-----------------|
| TBD by Group | TBD by Group | snacks/desserts |

## Sunday (Cont.)

| Group Demographics      | Leader/Hosts           | Time | Frequency                                   |
|-------------------------|------------------------|------|---|
| Most in their 30's-40's | Brian and Vicki Balmer | 6pm  | 1 <sup>st</sup> and 3 <sup>rd</sup> Sundays |

| Location | Childcare      | Refreshments    |
|----------|----------------|-----------------|
| Johnston | Not Applicable | Snacks/Desserts |

| Group Demographics | Leaders             | Hosts                     | Time | Frequency                                   |
|--------------------|---------------------|---------------------------|------|---|
| Open to All        | David and Beth Bush | Scott and Juli Longstreet | 6pm  | 1 <sup>st</sup> and 3 <sup>rd</sup> Sundays |

| Location  | Childcare      | Refreshments    |
|-----------|----------------|-----------------|
| Urbandale | Not Applicable | snacks/desserts |

| Group Demographics                             | Leader/Hosts             | Time   | Frequency |
|--|--------------------------|--------|-----------|
| Most in their 40's with teens-college age kids | Scott and Marcie Eriksen | 6:30pm | Weekly    |

| Location                     | Childcare      | Refreshments |
|------------------------------|----------------|--------------|
| Rotate homes amongst members | Not Applicable | Light Snacks |

## Sunday (Cont.)

| Group Demographics                              | Leaders               | Hosts                   | Time   | Frequency |
|---|-----------------------|-------------------------|--------|-----------|
| Families with Elementary-Middle School age kids | Eric and Shonna Trudo | Doug and Brenda Shelton | 6:30pm | Twice/mo. |

| Location | Childcare                      | Refreshments    |
|----------|--------------------------------|-----------------|
| Clive    | Each family provides their own | Snacks/Desserts |

| Group Demographics                            | Leader/Hosts             | Time   | Frequency |
|---|--------------------------|--------|-----------|
| Couples in their 30's (with and without kids) | Mark and Jana Scharnberg | 6:30pm | Weekly    |

| Location                        | Childcare                             | Refreshments    |
|---------------------------------|---------------------------------------|-----------------|
| 4300 Walnut St, West Des Moines | TBD if families with children sign-up | snacks/desserts |

| Group Demographics                        | Leaders                    | Hosts                  | Time | Frequency |
|---|----------------------------|------------------------|------|-----------|
| Young married couples (most without kids) | John and Kelsey Hunsberger | Eric and Hannah Vetsch | TBD  | 3 x's/mo. |

| Location     | Childcare                                  | Refreshments    |
|--------------|--|-----------------|
| Rotate Homes | Not Applicable (most do not have children) | Snacks/Desserts |

## Sunday (Cont.)

| Group Demographics           | Leader/Host    | Time | Frequency |
|------------------------------|----------------|------|-----------|
| Single Women, from 20's-40's | Jennifer Stark | TBD  | TBD       |

| Location               | Childcare      | Refreshments |
|------------------------|----------------|--------------|
| First Federated Church | Not Applicable | Snacks       |

# Monday

| Group Demographics                                   | Leader/Host            | Time | Frequency                                   |
|--|------------------------|------|---|
| Young Couples with preschool-elementary age children | John and Lindsey Mills | TBD  | 1 <sup>st</sup> and 3 <sup>rd</sup> Mondays |

| Location   | Childcare        | Refreshments     |
|------------|------------------|------------------|
| Des Moines | TBD by the group | TBD by the group |

# Tuesday

| Group Demographics | Leaders/Hosts            | Time   | Frequency                                    |
|--------------------|--------------------------|--------|--|
| Nothing Specific   | Cary and Tammy Claiborne | 6:30pm | 1 <sup>st</sup> and 3 <sup>rd</sup> Tuesdays |

| Location   | Childcare | Refreshments    |
|------------|-----------|-----------------|
| Des Moines | n/a       | snacks/desserts |

| Group Demographics                       | Leader          | Hosts                     | Time | Frequency |
|--|-----------------|---------------------------|------|-----------|
| Mixed Ages, some have Gideon Association | Chuck Underwood | Steve and Terry Daugherty | 7pm  | Weekly    |

| Location  | Childcare      | Refreshments    |
|-----------|----------------|-----------------|
| Urbandale | Not Applicable | Snacks/Desserts |

| Group Demographics                 | Leaders/Hosts              | Time | Frequency     |
|------------------------------------|----------------------------|------|---------------|
| Young Married Couples without kids | Brandon and Ashley Kaufman | 7pm  | Every Tuesday |

| Location   | Childcare | Refreshments    |
|------------|-----------|-----------------|
| Des Moines | n/a       | snacks/desserts |

# Thursday

| Group Demographics            | Leaders/Hosts           | Time   | Frequency        |
|-------------------------------|-------------------------|--------|------------------|
| Young Couples with Young Kids | Steven and Kristel Leib | 6:30pm | Every other week |

| Location     | Childcare                 | Refreshments    |
|--------------|---------------------------|-----------------|
| Rotate Homes | To Be Determined by Group | Snacks/Desserts |

# Friday

| Group Demographics  | Leader/Hosts                | Time | Frequency  |
|---|-----------------------------|------|--|
| Parents of High Schoolers,<br>Empty Nesters, Newly<br>retired | Peter and Sally<br>Freymark | 6pm  | Once per month<br>(usually 3 <sup>rd</sup> Friday) |

| Location     | Childcare         | Refreshments                                 |
|--------------|-------------------|--|
| Rotate Homes | Not<br>Applicable | Typically desserts<br>(pot-luck on occasion) |

| Group Demographics | Leaders/Hosts            | Time   | Frequency           |
|--------------------|--------------------------|--------|---------------------|
| Most age 50+       | OT and Vicki<br>Overturf | 6:45pm | Every other<br>week |

| Location  | Music/Singing? | Childcare         | Refreshments    |
|-----------|----------------|-------------------|-----------------|
| Urbandale | Yes            | Not<br>Applicable | Snacks/Desserts |

| Group Demographics  | Leaders                      | Hosts                        | Time   | Frequency |
|---|------------------------------|------------------------------|--------|-----------|
| Couples with kids of<br>varying ages<br>(preschool-teens) | Michael and<br>Megan Beckley | Dustin and<br>Kristin Damitz | 7:30pm | 3 x's/mo. |

| Location                        | Childcare                    | Refreshments |
|---------------------------------|------------------------------|--------------|
| 1640 Huntland Dr,<br>Des Moines | Kids play in another<br>room | None         |

# Saturday

| Group Demographics                                   | Leader/Host               | Time                              | Frequency        |
|--|---------------------------|-----------------------------------|------------------|
| Young couples with preschool-elementary age children | Daniel and Shauna Shaefer | Morning (exact time TBD by group) | Every other week |

| Location   | Childcare        | Refreshments     |
|------------|------------------|------------------|
| Des Moines | TBD by the group | TBD by the group |

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| Group Demographics                | Leaders/Hosts           | Time | Frequency |
|-----------------------------------|-------------------------|------|-----------|
| Couples with kids of various ages | Rob and Jessica Haspels | 6pm  | Twice/mo. |

| Location           | Childcare                    | Refreshments    |
|--------------------|------------------------------|-----------------|
| Alleman (To Begin) | Older children watch younger | Snacks/Desserts |